

FEBRUARY 2020 - Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2>EEC Lunch (NNC)</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
2-3 Whole Grain Cheese Pizza Wedge - V Cooked Baby Carrots Fruit	2-4 Café LA Burger Ruffle Fries Frozen Juice Cup	2-5 Chicken & Cheese Sliders Campfire Baked Beans Fruit Cup	2-6 Cheesy Pillows Waffle Cut Fries Fruit Cup	2-7 Teriyaki Beef Dipper Rice Bowl Cooked Baby Carrots Fruit
2-10 Whole Grain Cheese Pizza Wedge - V Cooked Baby Carrots Fruit	2-11 Mini Chicken Teriyaki Sandwiches Fresh Garden Salad Frozen Juice Slush	2-12 Taco Bean Dip Aloha Roll Fresh Orange Variety (Cara Cara Orange, Blood Orange)	2-13 Café LA Burger Ruffle Fries Fruit Cup	2-15 Mama's Meatball Sub Cooked Baby Carrots Fruit
2-17 <p style="text-align: center;">PRESIDENTS DAY HOLIDAY</p>	2-18 Cheeseburger Sliders Ruffle Fries Frozen Juice Slush	2-19 Whole Grain Cheese Pizza Cooked Baby Carrots Fruit Cup	2-20 Beef & Cheese Taco Burrito Fresh Garden Salad Fruit	2-21 Turkey Burger Broccoli Buds Fruit
2-24 Whole Grain Cheese Pizza Wedge - V Cooked Baby Carrots Fruit	2-25 Orange Meatball Rice Bowl Broccoli Buds Frozen Juice Cup	2-26 Salisbury Steak with Gravy Aloha Roll Waffle Cut Fries Fruit Cup	2-27 Taco Bean Dip Artisan Roll Fresh Garden Salad Fruit	2-28 Garlicky Cheese Bread and/or Beef & Cheese Taco Burrito Golden Hash Brown Patties Fruit

All of the Grain/Bread items served are Whole Grain Rich. Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable).

V: Vegetarian items - **Farm Fresh Fruits: Apple, Orange, Banana - Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

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